



Robert C. Schenck, Jr.

Leadership, Sports Medicine, Orthopaedic Surgery



PROFILE

Robert “Bob” Schenck, Jr., MD is a Professor of Orthopaedic Surgery at UTRGV specializing in sports medicine and complex knee and shoulder care. He brings extensive clinical and basic science research experience, with particular interest in complex knee injuries and collaboration across teams. He has participated in major clinical trials, including STaR and Stability Trials. Before joining UTRGV, Dr. Schenck served as Chair of Orthopaedics, PT, and PM&R at The University of New Mexico. He has more than 30 years of experience as a team physician, working with the UNM Lobos (2000–2023) and UTSA Roadrunners (1990–2000).

Dr. Schenck earned his BA and MD from Johns Hopkins, completed his orthopaedic residency at Johns Hopkins Hospital, and received sports medicine fellowship training in Cincinnati, along with a sabbatical in foot and ankle surgery. He is board certified by the ABOS, a member of AOSSM and AAOS, and previously served as an AOSSM traveling fellow and godfather to South America. He has been an ABOS examiner and question writer for two decades and served as Associate Editor for JBJS until fall of 2025. He is passionate about teaching and mentoring, particularly guiding medical students interested in musculoskeletal careers. He is working with Department Chair Mike Sander, MD to develop a Sports Medicine Fellowship and Orthopaedic Residency at UTRGV.

LEADERSHIP ROLES

Clinical Professor, Orthopaedics, June 2025-Present

UTRGV, Edinburg, TX 78539

Associate Team Physician UTRGV Athletics, 2025-present

Professor & Chair, Orthopaedics & Rehabilitation

UNM, Albuquerque, NM, Jan 2006 – 2023

Professor Emeritus UNM, July 2023 – Present

Provides leadership for Orthopaedics Department residents, fellows, physicians, faculty, and staff.

- Focuses on a culture of professionalism and camaraderie within Orthopaedics.
- AOSSM Traveling Fellow, 1992
- AOA/JOA Travelling Fellow, 1998
- AOSSM/SLARD, 2017, Godfather

CONTACT



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EDUCATION

DOCTOR OF MEDICINE

Johns Hopkins University

BACHELOR OF ARTS

Johns Hopkins University

UNDERGRADUATE STUDIES

University of Colorado Boulder

Clinical Professor UTRGV 2025

Professor Emeritus UNM 2023

Selected Publications

1. Walker DN, Hardison R, Schenck RC: A Baker's Dozen of Knee Dislocations. *American Journal of Knee Surgery* 1994; 7(3):117-124.
2. Athanasiou K, Korvick D, Schenck, R Jr, Biodegradable Implants for the Treatment of Osteochondral Defects in a Goat Model. *Tissue Engineering* 1997; 3(4):363-373.
3. Schenck RC Jr, McGanity PLJ, Heckman JD: Femoral-Sided Fracture-Dislocation of the Knee. *Journal of Orthopaedic Trauma* 1997 Aug; 11(6): 416-421
4. Schenck RC, Kovach IS, Agarwal A, Brummett R, Ward RA, Lanctot D, Athanasiou KA: Cruciate Injury Patterns in Knee Hyperextension: A Cadaveric Model. *Arthroscopy: The Journal of Arthroscopic and Related Surgery* 1999 Jul-Aug; 15(5): 489-495.
5. Mercer D, Firoozbakhsh K, Prevost M, Mulkey P, DeCoster T, Schenck R: Stiffness of Knee-Spanning External Fixation Systems for Traumatic Knee Dislocations: A Biomechanical Study. *Journal of Orthopaedic Trauma* 2010 November; 24(11): 693-696.
6. Schenck RC. *The Magic Christian*. Medical Muse, The University of New Mexico School of Medicine. 2011. 16(1): 32-35.
7. Schenck RC. *Billy Graham and the Ice Cream Man*. Medical Muse, The University of New Mexico School of Medicine. 2013. 18(1): 10-13.
8. Schenck RC, Richter DL, Wascher DC: Knee Dislocations: Lessons Learned From 20-Year Follow-Up. *Orthopaedic Journal of Sports Medicine*. 2014;2(5):1-10. doi:10.1177/2325967114534387.
9. Richter DL, Wascher DC, Schenck RC Jr: A Novel Posteromedial Approach for Tibial Inlay PCL Reconstruction in KDIIIM Injury Patterns: Avoiding Prone Patient Positioning. *Clinical Orthopaedics and Related Research*. 2014 472 (9): 2680-90.
10. Richter DL, Bankhead C, Wascher DC, Treme GP, Veitch A, Schenck RC: KDIV Injuries of the Knee: Presentation, Treatment, and Outcomes. *Clinics in Sports Medicine*. 2019;38(2):247-260.
11. Richter DL, Held M, Campos T, Wascher DC, Schenck RC: The Management of Knee Dislocations in the Limited Resource Setting. *J Bone Joint Surg*. 2020. 102(24):e136.
12. Schenck RC. *Dr. Wilson & The Brothers Karamazov*. Medical Muse, The University of New Mexico. 2020. 24(2): 28-30.
13. Kahan JB, Schneble CA, Li D, Petit L, Huang P, Bullock J, Porrino J, Richter DL, Schenck RC, Medvecky MJ: Increased Neurovascular Morbidity Is Seen in Documented Knee Dislocation Versus Multiligamentous Knee Injury. *J Bone Joint Surg*. 2021. 103(10):921-930.
14. Richter DL, McIver ND, Sapradi T, Garcia J, Mercer R, Hankins D, Myers O, Schenck RC, Salas C, Treme GP: A Biomechanical Comparison of the LaPrade Technique Versus a Novel Technique for Reconstruction of Medial-Sided Knee Injuries. *Am J Sports Med*. 2022;50(8):2083-2092.
15. Schenck RC, Swiontkowski M. *JBJS Arts & Humanities, The Journal of Bone and Joint Surgery*. 2022 - Volume 104 -Issue 1 - p 1-3 doi: 10.2106/JBJS.21.01103.
16. Richter DL, McIver ND, Sapradi T, Garcia J, Mercer R, Hankins D, Myers O, Schenck RC, Salas C, Treme GP: A Biomechanical Comparison of the LaPrade Technique Versus a Novel Technique for Reconstruction of Medial-Sided Knee Injuries. *Am J Sports Med*. <https://doi.org/10.1177/03635465221094000>.
17. Poploski KM, Lynch AD, Burns TC, Harner CD, Levy BA, Owens BD, Richter DL, Schenck RC, Musahl V, Irrgang JJ: Presentation and Surgical Management of Multiple Ligament Knee Injuries: A Multicenter Study from the Surgical Timing and Rehabilitation (STaR) Trial for MLKIs Network. *J Bone Joint Surg*. 2023 Feb 24
18. Sanchez J, Schenck RC, Schenck LJ, Modhia U, Treme G, Kakish S, Mercer D, Washcer DC, Richter DL. Cross-Tasking in Surgery: An Efficient Method to Perform Multiple Tasks in Parallel. *Western Journal of Orthopaedics*. 2024. 13(1): 90-92.
19. Richter DL, Harrison JL, Faber L, Schrader S, Zhu Y, Pierce C, Watson L, Shetty AK, Schenck RC Jr. Microfragmented Adipose Tissue Injection Reduced Pain Compared With a Saline Control Among Patients With Symptomatic Osteoarthritis of the Knee During 1-Year Follow-Up: A Randomized Controlled Trial. *Arthroscopy*. 2024 Sep 5:S0749-8063(24)00639-X. doi: 10.1016/j.arthro.2024.08.037.
20. Schenck RC. What's Important (Arts & Humanities): Lessons Learned in Medicine and Life. *J Bone Joint Surg Am*. 2025;00:e1(1-6). <https://dx.doi.org/10.2106/JBJS.24.01334>.